



BRING BALANCE 2 U, Holistic Health Counseling

MEDICAL HISTORY

Date: _____

Name: _____

Male _____ Female _____

If Child, Parent's Name _____

Single _____ Married _____ Separated _____ Divorce _____

Widow _____ Minor _____

Birth Date _____

Address _____

City _____ State _____ Zip _____

Business Name and Business Address _____

Occupation _____

Telephone _____ Cell _____ Work _____

Whom May We Thank for This Referral _____

Physician's Name _____

Bring Balance 2 U, Holistic Health Counseling
343 Manville Road, Pleasantville, NY 10570
andrea@bringbalance2u.com

Andrea Tortorella, HHC
914 960-1554
www.bringbalance2u.com

Physician's address _____

Circle Answers:

Have you ever had a serious illness or operation: Yes No

If so, explain:

Are you under a physician's care Yes No

When was your last complete physical exam? _____

Are you presently taking medications? Yes No

If yes, what types:

Do you routinely take health-related supplements Yes No

Do you have any allergies Yes No

Are you allergic to any medications or supplements Yes No

Have you been treated for or been told you
Have a heart disease? Yes No

Do you have a pacemaker or artificial heart
Valve implant Yes No

Are you aware of any heart murmurs Yes No

Have you ever had rheumatic fever Yes No

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Have you ever had surgery, radiation treatment
Chemo therapy for tumor, growth or other
Condition? Yes No

Do you have high or low blood pressure Yes No

Explain _____

Do you have inflammatory diseases such as arthritis or rheumatism?
Yes No

Do you have artificial joints/prosthesis Yes No

Do you have any blood disorders, such as
Leukemia, etc. Yes No

Do you have stomach problems? Yes No

Do you have kidney problems? Yes No

Do you have any liver problems? Yes No

Are you a DIABETIC Yes No

Do you have asthma Yes No

Do you have epilepsy or seizure disorders Yes No

Do you have any venereal diseases Yes No

Do you have HIV/AIDS Yes No

Have you ever had hepatitis Yes No

Do you or have you had TB Yes No

